

February is Heart Month Meet Your Heart Care Team

DR. HIRSCH MEHTA

What is your specialty?

Advanced heart failure and transplant cardiology. I specialize in failing hearts and end-stage heart disease.

What is your number one heart-health tip?

There is no substitute for a healthy diet and an active lifestyle.

What is one thing that you want your patients to know about you?

I try not to ask my patients to do anything I don't do myself.

Why did you decide to become a doctor?

I saw family members battle heart disease at a young age.